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05 DEC, 2024

North Shore Times, Sydney

It's just my cup of tea

## It's just my cup of tea

## Why I love my suburb

**Who are you?** Suresh Manickam, CEO of Restaurant & Catering Industry Association.

Where is your business? St Leonards.

When and why did you move there? R&CA has been located in the St Leonards area for over 10 years. St Leonards has a fantastic food and dining scene.

What do you like most about working there? It's convenient with outstanding restaurants and cafes, and on the crossroads for trains, buses and the Metro. It's a one size fits all suburb.

What does a typical day look like? Answering emails in between cups of tea, then a grab and go lunch followed by phone calls to members in the afternoons.

**Favourite local place for coffee?** The Moody Chef (pictured) at 30 Aitchison St in St Leonards. They're a friendly crew who always remember your name. They have the best chai teas and a damned good ham and cheese croissant.

Favourite local restaurant? There are so many, but

Garfish is a longstanding favourite.

The last meal that truly impressed you? The tacos at Small Bar – a must to try!

**Favourite outdoor space in your area?** Naremburn Park – very relaxing.

One thing you'd like to change about your suburb? No, no real complaints.

Where do you grab your

bread/groceries? Woolies.

**Your suburb's best-kept secret?** Flat Rock Brew Cafe in Naremburn – where else can you get local craft beers and quality bar snacks?

What is your weekend ritual? School sports and mowing the lawn!

What is your 'home away from home'? The Snowy Mountains.

What do you love about your suburb? editor@northshoretimes.com.au

## St Leonards

Median unit value \$1.17m 5-year value growth 5.4% Median asking rent \$870 (unit)

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